

## **WiNGS Agenda**

**June 17, 2020**

**8:30-10 a.m.**

Zoom link: <https://psu.zoom.us/j/93166890746>

When everyday routines are lost and distractions abound, motivation and focus can suffer. Join us this Wednesday for some needed time to connect. We will discuss the importance of re-thinking productivity and tap into your inner wisdom through self-coaching. You'll also want to hear what's coming in July, when we will take advantage of the summer and some outdoor time.

8:30-8:45 Updates and announcements from President Elizabeth Hay

8:45-9:45 Dana Mitra on Time Management, Dawn Ziegerer on Self-Coaching

9:45-10 Extra networking time